## **CLAIMS**

1. A method for producing a birefringent film, comprising the step of stretching a polymer film,

wherein, in the step of stretching the polymer film, the polymer film is stretched in a width direction while being shrunk in a longitudinal direction, and

assuming that lengths in the width direction and the longitudinal direction of the polymer film before being stretched are 1, a change ratio (STD) of the length in the width direction of the polymer film resulting from the stretching and a change ratio (SMD) of the length in the longitudinal direction of the polymer film resulting from the shrinking satisfy a relationship represented by the following formula (1).

$$(1/STD)^{1/2} \le SMD < 1$$
 ... (1)

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2. The method according to claim 1, wherein the STD and the SMD satisfy a relationship represented by the following formula.

$$(1/STD)^{1/2} = SMD$$

- 20 3. The method according to claim 1 or 2, wherein the SMD is less than 0.99.
  - 4. The method according to any one of claims 1 to 3, wherein the  $(1/STD)^{1/2}$  is less than 0.99.
- 5. The method according to claim 1, wherein when the STD is 1.2, the SMD is in a range from 0.9 to 0.92.
  - 6. The method according to claim 1, wherein when the STD is 1.3, the SMD is in a range from 0.86 to 0.90.

- 7. The method according to any one of claims 1 to 6, wherein, after the polymer film is formed on a base directly, the polymer film is subjected to the stretching treatment and the shrinking treatment at the same time.
- 5 8. The method according to any one of claims 1 to 6, wherein the base is subjected to the stretching treatment and the shrinking treatment at the same time, thereby stretching and shrinking the polymer film on the base.
- 9. A birefringent film produced by the method according to any one of claims10 1 to 8.
  - 10. An optical film comprising the birefringent film according to claim 9.
  - 11. The optical film according to claim 10, further comprising a polarizer.

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- 12. The optical film according to claim 11, further comprising a transparent protective film, the transparent protective film being disposed on at least one surface of the polarizer.
- 20 13. A liquid crystal panel comprising the optical film of according to any one of claims 10 to 12, the optical film being disposed on at least one surface of a liquid crystal cell.
- 14. A liquid crystal display comprising the liquid crystal panel according to25 claim 13.
  - 15. An image display comprising the optical film according to any one of claims 10 to 12.